

FUN

CREATIVITY



Searching

4

Inspiration



ADVENTURE

CHALLENGE



**OOSH WEEKEND RETREAT
11- 13 November 2011 WOLLONGONG**

Venue information

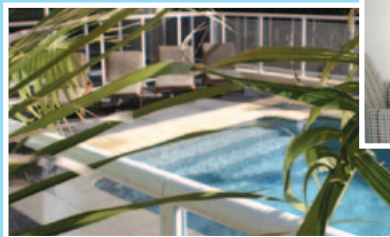
Quality Suites Pioneer Sands 19 Carters Lane Towradgi NSW

Located just 60 minutes south of Sydney, the Quality Suites Pioneer Sands is Wollongong's newest boutique hotel & conference centre.

Set in a quiet location, and within walking distance from stunning Towradgi beach, Quality Suites Pioneer Sands is the perfect location for Network's 2011 OOSH Retreat. Accommodation is in fully self-contained apartments each with their own balconies, a full kitchen, lounge and dining areas.

When not attending workshop or speaker sessions over the weekend, take the opportunity to relax by the pool, spa or even make time to use the gym or sauna. Each morning you will be able to enjoy breakfast at the poolside café.

With such a great venue and peaceful surroundings, this will be a great opportunity to catch up with old friends or take time to network with staff from other OOSH services from around NSW and ACT.



Program

FRIDAY 11th NOVEMBER

10.30am

REGISTRATION OPENS

12.15pm

WORKING LUNCH

Speaker: Melinda Tankard Reist

The objectification of women and sexualisation of girls in the media and popular culture

2.00pm

AFTERNOON TEA

2.30pm

AFTERNOON ACTIVITIES

- * A Guide to the National Quality Framework
- * Child Safe Child Friendly – Presented by the NSW Commission for Children & Young People
- * Excursion to Nan Tien Temple

7.00pm

DINNER at Towradgi Beach Hotel

(Drinks for dinner will be at your own cost. This is a licensed hotel so no BYO drinks).

Friday's speaker, Melinda Tankard Reist, is a Canberra author, speaker, media commentator, blogger and advocate for women and girls. Her third book is "Getting Real: Challenging the Sexualisation of Girls" (now in its fourth printing). Melinda is a regular guest on Channel 7's Morning Show, and has also appeared on ABC Q&A and The Gruen Sessions. She is named in the Who's Who of Australian Women and the World Who's Who of Women.

SATURDAY 12TH NOVEMBER

- 7.15am** For the early risers there will be a beginners Yoga session provided by Younga Yoga Studio, Wollongong
- 7.30am** BREAKFAST served at the poolside café
- 8.00am** REGISTRATION OPENS
Trade stalls open in the Foyer area and will be open until 5.00pm
- 9.00am** WELCOME by Robyn Monro Miller, Executive Officer of Network of Community Activities.
- 9.15am** OPENING SPEAKER
Dr Jennifer Cartmel, Griffith University Queensland - Play and Brain Research
- 10.30am** MORNING TEA
- 11.00am** WORKSHOP SESSION A
- 12.45pm** LUNCH
- 1.45pm** WORKSHOP SESSION B
- 3.30pm** AFTERNOON TEA
- 4.00pm** ACCEPTING THE CHALLENGE

The OSHC Sector in Australia is on the crest of a wave of change. Robyn Monro Miller will use this presentation to challenge you to consider what the implications are for children and how this will shape your own responses to the implementation of the National Quality Framework in your service.

5.00pm

NETWORKING TIME

A chance to catch up with old friends or meet up with interesting people you may have met in today's workshops.

REGISTRATION AREA & TRADE STALLS CLOSE

6.45pm

PRE-DINNER DRINKS in Foyer area

7.30pm

THEME DINNER – *Where's Wally?*



The biggest gathering of “Where’s Wally?” characters Wollongong has ever seen.

Dress up as Wally or the other great “Where’s Wally?” characters.

Entertainment for the night will be the ever-popular karaoke. Drinks will be at bar prices. (check Network’s website for price list) Pioneer Sands is a licenced venue. NO BYO.

11.00pm

DINNER FINISHES

For those who like to party, the Towradgi Beach Hotel is only a stones throw away so you will be able to party on in either the hotel or Waves nightclub. Please be considerate of the Quality Suites guests and the local residents when returning to the hotel.

Saturday’s speaker, Jennifer Cartmel, works with university students who are seeking careers in a range of children’s services including schools, childcare centres and OOSH services. She has been involved with several projects which have resulted in profound changes in practice including Circles of Change (Australian University Award for outstanding contribution to student learning) and Talking Circles: Gathering the Wisdom of Children. Jennifer is the author of “My Time, Our Place: A Framework for School Age Care in Australia”.

Workshops

SUNDAY 13th NOVEMBER

- 7.30am** BREAKFAST SERVED
at the poolside café
- 8.00am** REGISTRATION AREA OPENS
- 9.00am** REFLECTIVE PRACTICE
TALKING CIRCLES
- 10.45am** MORNING TEA
- 11.15am** CLOSING SESSION
The Beats Bus
- 12.45pm** CLOSE OF THE WEEKEND
and farewell, we hope you
have a pleasant and safe journey
home.
- 1.00pm** LUNCH – Please stay around
to enjoy lunch together.

Sunday's closing session is presented by Brendan Gilmour (LLB, B.Ed) and Shea Smith (BCI) - innovative children's music group "The Beats Bus." Brendan is a qualified primary teacher and multi-instrument musician whilst Shea is a qualified actor and highly accomplished percussionist. They have over 15 years experience working with children writing and presenting music workshops and performances in OOSH and early childhood environments. They are both passionately committed to inspiring and empowering young children to become lifelong learners and lovers of music!

★ FRIDAY AFTERNOON

1: A Guide To The National Quality Framework

An overview of the new National Quality Framework including some popular myth busting and a comprehensive review of the resources available to support you as you embark on this new adventure. Important for anyone who plans to be an "authorised supervisor" in their service. This session concludes at 4.30pm

2: Child Safe, Child Friendly

Gain an understanding of what risk management strategies your organisation needs to adopt to help make it Child Safe. Includes information on keeping kids safe from abuse in your organisation and your obligations under the Working with Children Check. Services will also receive valuable information on developing a Child Safe policy that will meet the requirements of the upcoming National Quality Framework. Concludes at 4.30pm

3: Excursion to Nan Tien Temple

Leaving Quality Suites Pioneer Sands at 2.10pm the excursion will include a tour of the temple, afternoon tea and a cultural activity, returning around 5.15pm.

★ SATURDAY 9.15AM

Keynote Speaker

Dr Jennifer Cartmel - Play and Brain Research

"The brain not only shapes play - play also shapes the brain." (Pellis and Pellis 2009: 94)

The growing field of brain science is contributing to understandings about how play effects changes to the architecture of the brain and how play can contribute to children's health, well-being and resilience. This keynote address will summarise some of the latest findings and consider the relevance to school age care educators.

★ SATURDAY 11.00AM

WORKSHOP SESSION A

A-1: Active Music Workshop – Combining Music and Sport

inspiring information, practical ideas and exciting activities to introduce simple percussion instruments into the OSHC environment., with a focus on games and activities that engage a very broad range of children by combining music and sport together. We call this Active Music!

A-2: Mapping a Path Through the NQF Maze

– Pauline O’Kane & Cassandra McBurnie

A practical workshop on implementing the National Quality Framework in your service,

including hands on support from our OOSH Development team. Bounce ideas around with your colleagues. Gain the confidence to develop an NQF implementation plan for you service. Remember NQF is not optional - prepare now! (Bring your copies of "My Time, Our Place" and any other NQF materials you wish to refer to!)

A-3: Creative Cultural Experiences

– Katherine Newton

The new School Age Care Framework "My Time, Our Place" is a great starting point to review and reinvent your service's cultural experiences. We will discuss appropriate ways to introduce cultural activities, that are relevant without being tokenistic, and how to make them fun and inspiring! The session will be a mix of identifying strategies and experiencing ideas first hand.

A-4: Candles with a Difference

– Debbi Powell & Lyn Harris

Come and experience a new insight into candles and the opportunity to experiment with the different ways candles can be made using colours, textures and shapes.

A-5: Taking Photos With Children

– Amanda Mclellan

Learn simple and effective techniques that can be easily taught to children such as how to use light, colour and composition to create

fun photos. Bring a digital camera to this basics level workshop - any size or type OK but you will need fully charged batteries and plenty of free memory space!

★ **SATURDAY 1.45PM**

WORKSHOP SESSION B

B-1: Mapping a Path Through the NQF Maze

– Pauline O'Kane & Cassandra McBurnie
(Repeated workshop, see A -2 for description)

B-2: Creative Drama! A Fun Approach to Emotional Intelligence Skill Building! – Judith Feldman

Creative Drama taps into the unique qualities of each child. It is active, inclusive and non-competitive. Learn researched based techniques to promote and nurture empathy, cooperation, acceptance of differences and how to boost children's overall confidence levels. Fun and laughter guaranteed!

B-3: Standing Out in the Crowd - Promoting your service in the community – Robyn Monro Miller

If your OSHC service was a brand - what brand would it be? What would your service have a reputation for? Showcase your service and gather some useful strategies for developing a marketing strategy that is realistic and achievable.

B-4: Cleaning Up Your Act

– Debbie Powell & Lyn Morris

Experience a new and quick craft idea that is inexpensive and easy to make. This workshop will give you the chance to experience making different types of soaps that both you and the children in your centre can use for presents.

B-5: Editing & Printing Digital Photos with Children – Amanda Mclellan

This is a follow up for workshop A-5. Learn how to transform digital photos through basic photo editing software. Techniques will include cropping, blurring, cloning, special effects, adding text and stickers to photos. Edited photos will be printed during the class.

★ **SUNDAY 9.00AM**

Reflective Practice - Talking Circles

Being able to articulate and to reflect on your practice is an important part of professionalism and links to the principles, practices and outcomes of the Framework for School Age Care. Talking Circles are facilitated professional discussions that allow participants to share their experiences and learn from each other.

T-1: Collaborating with Children

– facilitated by Dr Jennifer Cartmel

Children are talking - are you listening or just hearing? Participants will discuss current

processes, confront the issues and make suggestions about how educators can “think otherwise” about what happens when children talk to educators.

T-2: Loose Parts

– facilitated by Robyn Monro Miller

Do you now about the theory of loose parts? Learn how to provide environments for children that stimulate creativity, develop resilience and celebrate the value of play.

T-3: Engaging with 9-12 Year Olds

- facilitated by Heather Ellem

The older kids in our services have a lot to contribute to OSHC but how can we draw on their experiences and make the centre a fun place for them? Be inspired by your colleagues experiences and share your own.

T-4: Supporting Staff

– facilitated by Jenny Webster

Our staff are the most critical and important asset in our services so what are we doing to ensure that they feel valued and supported? Explore the possibilities and share what you think are ways we can support our staff to achieve their potential and feel recognised and rewarded.

★ SUNDAY 11.15AM

Closing Session - The Beats Bus

This fun and interactive large group workshop provides participants with a percussion performance played on ‘homemade’ musical instruments and then the chance to make an instrument of their own. We’ll also have lots of fun learning and playing musical games and activities with the instruments we make!



FULL WEEKEND

2 nights, share accommodation, all meals from Friday lunch to Sunday lunch and workshops.

Network Members \$480

Non Network Members \$650

2 DAYS, 1 NIGHT

1 night share accommodation, all meals and workshops

– either Friday & Saturday, from lunch on Friday to end of workshops on Saturday

– or Saturday from start of workshops to lunch on Sunday.

FRIDAY NIGHT

Network Members \$350

Non Network Members \$520

SATURDAY NIGHT

Network Members \$380

Non Network Members \$550

For single accommodation enquiries please call Patricia at Network.

DAY ONLY

FRIDAY – including lunch, afternoon tea and workshops

Network Members \$130

Non Network Members \$160

SATURDAY – including morning tea, lunch, afternoon tea and workshops

Network Members \$180

Non Network Members \$230

SUNDAY – including morning tea, lunch and workshops

Network Members \$130

Non Network Members \$160

SATURDAY NIGHT Theme Dinner

Day registrations and additional dinner guests \$55



Directions

Quality Suites Pioneer Sands 19 Carters Lane, Towradgi, NSW

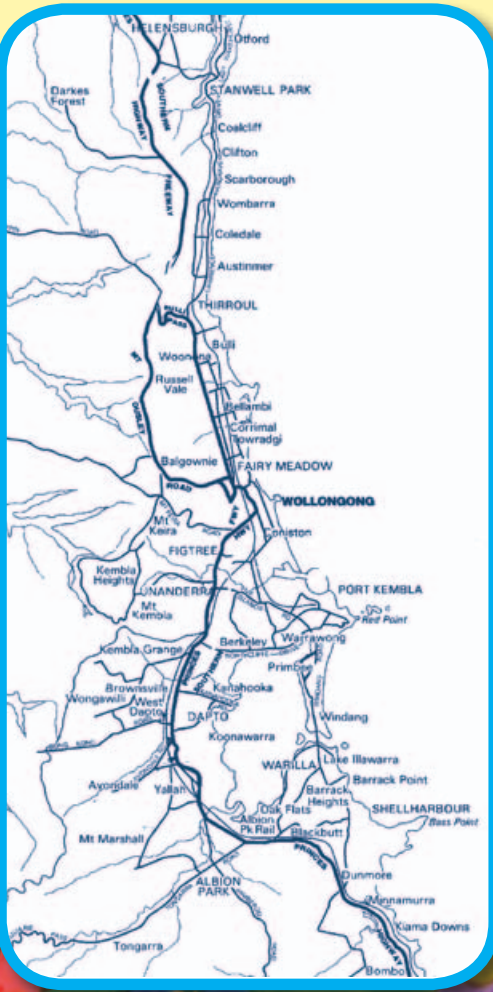
How to get there-

METHOD 1 Mount Ousley: Take Wollongong exit from Mount Ousley Road. Proceed East to Princes Highway and turn left at roundabout. At the 3rd set of traffic lights at Prime service station turn right into Elliots Road. Proceed over rail bridge then turn left at traffic lights. After approximately 300 metres veer left into Carters Lane, then after a small roundabout then turn right into Quality Suites, Pioneer Sands.

METHOD 2 Hume Highway: When travelling to Wollongong along the Hume Highway, take the Picton turn-off (from the North - turn left onto Picton Rd, from the South - turn right onto Picton Rd) and travel East to Mount Ousley Rd then follow Method 1 (above).

METHOD 3 Princes Highway South: Follow the Princes Highway until it turns into the F6 at Yallah. Continue along the F6 to the Wollongong/Bulli exit that goes up a ramp over Mount Ousley Road. Take the Wollongong exit turning left back on to the Princes Highway. Continue through the next roundabout and then follow Method 1 from 3rd set of traffic lights.

METHOD 4 - TRAVELLING BY TRAIN Get off at Towradgi station – walk up the path out of the railway station head east along Towradgi Road, turn right into Carters Lane at the Towradgi Chicken Shop and Service Station, proceed 500 metres, Quality Suites, Pioneer Sands will be on your left.



For more info about
Network's OOSH Weekend
Retreat, the workshops
and presenters, go to
www.netoosh.org.au



66 Albion Street
Surry Hills NSW 2010

Tel: (02) 9212 3244

Fax: (02) 9281 9645

Email: patricia@netoosh.org.au

Website: www.netoosh.org.au

ABN 68 002 561 631

